

# ASPARAGUS



Let yourself be surprised by our seasonal dishes! Carefully and lovingly prepared, inspired by the best the season has to offer.

*Fresh, surprising & full of flavor – taste it now!*

## ASPARAGUS SOUP

Creamy asparagus soup with pieces of asparagus 8

## ASPARAGUS WITH PARMA HAM

Buffalo mozzarella | herb mayonnaise 19.5

## ASPARAGUS WITH PAN-FRIED SALMON

Hollandaise sauce | egg 27.5

## ASPERGES ALS BIJGERECHT

Hollandaise sauce | egg 13

↳ Tip: combine with our Sprakeltjes!

## WINE RECOMMENDATION:

### APOSTELHOEVE CUVÉE XII

A surprising wine from our own country, from the Apostelhoeve vineyard in **Maastricht**. This wine has a broad aroma with both exotic fruit and white and red fruit notes. The Apostelhoeve Cuvée XII is an excellent match with white asparagus.

**Grapes: 40% Müller-Thurgau, 30%**

**Auxerrois en 30% Pinot Gris**

Glass 7.5

Bottle 39.5



WINGAARD  
**APOSTEL**  **HOEVE**  
SINCE 1970

#sleuk

# ENJOY



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*Discover Sprakel, feel at home!*

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Sprakel is more than just a café!

You're welcome every day from 9:00 a.m. for breakfast, a cup of coffee with a delicious piece of cake, or a pleasant lunch but also for dinner, Sprakeltjes, or a cozy get-together over drinks!

At Sprakel, it's all about fresh and pure indulgence. Think of meat from **Nieuw Horster** in Enschede, potatoes from **Leussink** in Deurningen for our crispy fresh fries, and creamy milk from **Veehouderij Strootman** in Lonneker for our ice cream.

In addition, we offer space for meetings, parties, baby showers, funeral receptions and private dinners. Feel free to ask for the Sprakelkrant for all details about our options.

Come and enjoy Sprakel any time of the day!

*#sleuk*

# ARRANGEMENTS

\*available by  
reservation only

## *High-breakfast*

Bubbles, platter with luxuriously topped country bread, butter croissant, scones with clotted cream and jam, farmer's yogurt with organic granola, red fruit smoothie and fresh orange juice, platter with sweet treats.

Includes unlimited coffee and/or tea – 29.5 per person



## *Brunch platter*

Small glass of soup, country bread, Bawikov salmon, carpaccio, tuna salad, sautéed mushrooms, mini croquettes, dippers, garlic sauce, tapenade, scones with clotted cream and jam, red fruit smoothie and fresh orange juice, platter with sweet treats.

Includes unlimited coffee and/or tea – 32.5 per person

*#sleuk*

# BREAKFAST

9:00 AM – 12:00 PM



*\*All lunch dishes are also available for breakfast!*

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## AVOCADO-SALMON TOAST    PARMA TOAST

brioche toast | avocado smash  
Bawykov salmon | cherry tomato |  
scrambled egg 17.5

brioche toast | parma ham |  
buffalo mozzarella | pesto |  
arugula 14

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## DUTCH BREAKFAST

country bread | ham | cheese  
fried egg | bacon | farmer's yogurt  
organic granola | fresh juice  
coffee/tea 14.5

## FRENCH BREAKFAST

country bread | ham | cheese  
butter croissant with jam | farmer's  
yogurt | organic granola  
fresh juice | coffee/tea 14.5

## AMERICAN PANCAKES

pancakes | banana  
red fruits 12.5

## NUTELLA PANCAKES

pancakes | nutella | syrup 8.5

## YOGURT WITH GRANOLA

farmer's yogurt | fruit  
organic granola 8.5

## KIDS' BREAKFAST

white bun | jam | nutella 4.5

## QUICK BREAKFAST

croissant | butter | jam 4.5

*\*If you have an allergy or special diet,  
please let us know*

*#sleuk*

# LUNCH

09.00 am - 05.00 pm

*\*All main courses are also available for lunch!*

## TUNA SALAD

country bread | apple | bell pepper  
red onion | pickle 11

## BAWYKOV SALMON

country bread | avocado smash  
little gem | pickled red onion  
dill mayo 17.5

## AVOCADO

country bread | avocado smash  
little gem lettuce | feta | walnut  
pomegranate 12.5

## CARPACCIO

country bread | truffle mayo  
grana padano | pumpkin seeds 14.5

## PARMA HAM

country bread | sun-dried tomatoes  
buffalo mozzarella | pesto 14

## SAUTÉED CHICKEN FILLET

country bread | chicken | mushrooms  
onion | mildly spicy sauce 14

## CRISPY CHICKEN

brioche bun | crispy chicken | pickled  
red onion | sweet-sour cucumber  
sriracha mayo 14.5

## BEEF TENDERLOIN TIPS

country bread | smoky BBQ sauce  
mushrooms 18

*Walking in the beautiful countryside of Lonneker*

Combine your breakfast or lunch with a walk through the stunning nature of Lonneker. In our cloakroom, we have several walks ready for you.

**Walk, taste and enjoy – sleuk**

*#sleuk*



## SOUP

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✔ POMODORI SOUP  
with basil cream 7.5

FRENCH ONION SOUP  
lightly thickened | cheese crouton 7.5

✔ CARROT & COCONUT SOUP  
sunflower seeds | coconut 7.5

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BEEF CROQUETTES  
country bread | lettuce | pickled red  
onion | 2 Amsterdam beef croquettes  
mustard mayo 12

✔ VEGETABLE CROQUETTES ✔  
country bread | lettuce | pickled red  
onion | 2 Amsterdam vegetable  
croquettes | mustard mayo 11

FRIED EGG  
country bread with 3 fried eggs  
✔ cheese 10  
ham and cheese 10  
bacon & baked cheese 11.5  
carpaccio 14.5

## SOURDOUGH TOASTIE

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TRADITIONAL  
ham-cheese 7

✔ ITALIAN  
mozzarella | pesto | tomato 7

CHICKEN  
chicken cajun | cheese | kimchi 8.5

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LUNCH SPECIAL ( 1 2 -  
UURTJE )  
pomodori soup | country bread | chicken  
cajun salad or tuna salad | Amsterdam  
beef croquette with lettuce, pickled red  
onion & mustard mayo 15.5

### VEGETARIAN LUNCH SPECIAL

(VEGA-UURTJE)  
carrot & coconut soup | country bread  
brie with apricot jam | vegetable  
croquette with lettuce, pickled red onion  
& mustard mayo 14

*\*If you have an allergy or special diet,  
please let us know*

#sleuk

# SPRAKELTJES

12:00 am- 10:00 pm

## *Tasting Together with Sprakeltjes?*

At Sprakeltjes, it's all about small portions with big flavor. Each dish can be ordered as a starter, a small main course, or to share with others.

Expect 2 to 3 dishes per person if you want to taste together. You can always order extra. When ordering, be sure to clearly specify your preferences so that everything is served to your liking.

**Let yourself be surprised, taste, share, and enjoy!**

### BREAD WITH SPREADS

creamy garlic sauce  
tapenade 6.5

### GLUTEN-FREE BREAD

garlic sauce | tapenade  
(2 pcs) 7

### SPRAKEL PLATTER TO SHARE

parma ham | aged rotterdam  
cheese | peppersweets | fuet |  
garlic sauce | tuna salad | spianata  
romana | tapenade | toast 27.5

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## BRIOCHE ROASTED SWEET, AIRY BREAD

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### MARINATED PRAWNS

brioche toast | prawn salad 11.5

### AVOCADO & SALMON

brioche toast | Bawkykov salmon  
avocado smash | cherry tomato 17.5

### PARMA

brioche toast | parma ham  
mozzarella | pesto | arugula 14

### GOAT CHEESE & PISTACHIO

brioche toast | goat cheese | pistachio 12.5  
+ parma ham 14.5

*#sleuk*



*\* Small portions, big flavor! Perfect as a starter, main course, or for sharing!*

### CARPACCIO

truffle mayo | pumpkin seeds  
grana padano 14.5

### PARMA HAM

buffalo mozzarella | pesto  
sun-dried tomatoes 14

### OVEN-BAKED NACHOS

bell pepper | onion | cheddar  
crème fraîche | chili sauce 9.5

### SAUTÉED MUSHROOMS

herb garlic cream 9.5

### TRUFFLE RISOTTO

wild mushrooms 11

### SWEET POTATO

Beetroot | mozzarella | pesto 7.5

### SALMON FILLET

hollandaise sauce 13

### HADDOCK FILLET

lobster sauce 11

### GAMBAS PIL PIL

in spicy garlic oil 13

*\*If you have an allergy or special diet,  
please let us know*

*Tip: choose a delicious  
homemade soup as a starter,  
served with bread.*

✔ Pomodori soup 7.5

French onion soup 7.5

✔ Carrot & coconut soup 7.5

### STEAK TARTARE

french classic with quail egg  
truffle mayo | cheese crisp |  
roasted capers 13.5

### FRESH FRIES - STEW

beef stew from Nieuw Horster  
truffle mayo 13.5

### BEEF TENDERLOIN TIPS

mushrooms | smoky BBQ sauce 17.5

### CHORIZO CROQUETTES

luxury ragout | crispy crust 8.5

### SPICY CHICKEN

chicken fillet | spicy tomato sauce 12

### CRISPY CHICKEN

crispy chicken fillet | sriracha mayo 8

*\* Small portions, big flavor! Perfect as a starter, main course, or for sharing!*

#### CONE OF FRESH FRIES

served with your choice of mayo, truffle mayo or cajun mayo 5

#### SWEET POTATO FRIES

truffle mayo  
parmesan 7.5

#### PATATAS BRAVAS

potato cubes | spicy tomato sauce  
cajun mayo 6.5

#### WARM VEGETABLES

seasonal vegetables 5

#### MIXED SALAD

cucumber | tomato | edamame  
egg | red onion | croutons 6.5

#### CHICKEN PESTO PIZZETTA

tomato sauce | cheese | cajun chicken  
fillet | pesto | cherry tomatoes |  
arugula | cajun mayo 14.5

#### PARMA PIZZETTA

tomato sauce | cheese | mozzarella  
parma ham | arugula  
grana padano 14

#### BRIE PIZZETTA

crème fraîche | cheese | brie | red  
onion | walnuts | arugula | honey 12

#### BAWYKOV SALMON PIZZETTA

crème fraîche | Bawýkov salmon  
red onion | capers | mozzarella  
sun-dried tomatoes | arugula 19

*At Sprakel, we love local and fresh!*

That's why we proudly turn the potatoes from  
Leusink in Deurningen into our artisanal fresh fries.  
Carefully grown, lovingly cut, and perfectly crispy just for you!

**You can taste it — pure, local, and truly delicious!**

*#sleuk*

# MAIN COURSES

12:00 am - 10:00 pm

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## CLASSICS

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### TOURNEDOS

in truffle jus 32

### BEEF STEW

mashed potatoes | hazelnuts 23  
the beef stew comes from Erve Nieuw Horster  
([www.nieuwhorster.nl](http://www.nieuwhorster.nl))

### TENDERLOIN SATAY

peanut sauce | atjar | prawn crackers | fried  
onions 21

### SCHNITZEL

marinated fillet schnitzel  
stroganoff sauce 22

### HADDOCK FILLET

lobster sauce 19.5

### TRUFFLE RISOTTO

with wild mushrooms 16.5

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## SIDE DISHES

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### CONE OF FRESH FRIES

served with your choice of mayo,  
truffle mayo, or cajun mayo 5

### SWEET POTATO FRIES

truffle mayo  
parmesan 7.5

### PATATAS BRAVAS

potato cubes | spicy tomato sauce  
cajun mayo 6.5

### WARM VEGETABLES

seasonal vegetables 5

### MIXED SALAD

cucumber | tomato | edamame  
egg | red onion | croutons 6.5

**\* Choose the side dishes you like best. That way, you get exactly what you're in the mood for, and together we contribute to less food waste.**

**Enjoy your meal mindfully and deliciously!**

*#sleuk*

# MAIN COURSES

12:00 am- 10:00 pm

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## BURGERS

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### SPRAKEL BURGER

beef burger | brioche bun | tomato mushrooms | bacon | onion | pickle aged Rotterdam cheese burger sauce 16.5

\*our beef burger stays pink inside due to the use of colorozo salt

### CHICKEN BURGER

brioche bun | red onion chutney cucumber | dill mayo 15.5

### FALAFEL BURGER

brioche bun | falafel | tomato lettuce | sriracha mayo 13.5

## PARTY TIME

*Do you have something to celebrate? Let us know!*

*We're happy to help plan a party in, for example, our garden room or the upstairs rooms.*

## LOCAL DELIGHT

*At Sprakel, we love local dishes & pure preparation.*

*We work together with, among others*

### *Nieuw Horster*

*The farm of the Strootman family, where the welfare of the cows comes first. We use their meat for our beef stew and delicious beef burgers.*

### *Dairy farm Strootman*

*A farm in Lonneker where we source fresh milk for our artisanal, delicious ice cream!*

### *Leusink Deurningen*

*We use Leusink's potatoes to prepare our fresh, crispy fries!*



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## MEAL SALADS

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### PRAWN SALAD

garlic oil 16.5

### CARPACCIO SALAD

truffle mayo | pumpkin seeds  
grana padano 17.5

### CAESAR SALAD

grilled chicken | bacon | egg | croutons |  
grana padano | mustard dressing 18.5

### BEEF SALAD

tenderloin tips | mushrooms  
smoky BBQ sauce 21.5

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## SPRAKEL BOWLS

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### VEGETARIAN BOWL

wakame | edamame | marinated  
cucumber | mango | ginger | red  
onion | sushi rice | sriracha mayo 16

### BAWYKOV SALMON BOWL

wakame | edamame | marinated  
cucumber | mango | ginger | red  
onion | sushi rice | sriracha mayo  
Bawykov salmon 26

### CRISPY CHICKEN BOWL

wakame | edamame | marinated  
cucumber | mango | ginger | red  
onion | sushi rice | sriracha mayo |  
crispy chicken 21

## BAWYKOV SALMON

*Want to know more about the secret of our  
delicious Bawykov salmon? Scan the QR code:*



*#sleuk*

# DESSERTS



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## LITTLE SPRAKEL

Choose your favorite flavor from the 6 delicious ice cream sensations at our ice cream parlor, Sprakel IJs&zo. Ask for the available flavors 5.0

Whipped cream + 0.80

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## PORNSTAR MARTINI DESSERT

cake | passion fruit curd  
meringue 8.5

## CRÈME BRÛLÉE

with farmhouse cream ice cream 8.5

## SPRAKEL TRIO

arretjescake | cheesecake | with  
farmhouse cream ice cream 8.5



*Pornstar martini  
dessert*

*\* All our ice cream is made with  
fresh milk from dairy farm  
Strootmann*

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## GRAND DESSERT

Enjoy our delicious homemade grand dessert: mini crème brûlée, chocolate mousse, mini Magnum, and a piece of lemon pie 11.0

A true treat!

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## LEMON PIE

with farmhouse cream ice cream 8.5

## CREAMY ICED COFFEE

with your choice of caramel or  
chocolate sauce 6.5  
whipped cream + 0.80

## COMPLETE COFFEE

Coffee or tea with sweet treats  
and a glass of Sprakel liqueur 8.5

*Tip*

*Delicious with coffee!*



## PEDRO XIMENEZ SHERRY

Sweet, velvety smooth sherry

## LIMONCELLO SUPERIORE

"The finest limoncello" – pure,  
smooth, and lower in sugar

# SLEUKBEER



"I didn't choose to be a Tukker,  
I just got incredibly lucky."

- Neighborliness -

# SPRAKEL AGENDA

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## **Pub Quiz @Sprakel**

Every 2nd and last Wednesday of the month

## **Music bingo @Sprakel**

Every 3rd Wednesday of the month

## **Pentecost**

May 24th and 25th: Art Route in Lonneker

## **Feast Week Lonneker**

May 28th to 31st: A lively fair at the village square in Lonneker, organized by the Koninginnedag Lonneker association (VKL).

For more information, visit: [www.vkl-lonneker.nl](http://www.vkl-lonneker.nl)

## **Wine Walk @Sprakel**

Enjoy a charming wine walk through the beautiful countryside surrounding Lonneker on Sunday, June 14. During this pleasant route of approximately 10 kilometers, you will discover the most beautiful spots in the area, while also tasting 5 delicious wines paired with 5 surprising small dishes along the way.

More information: [www.sprakel.nl/wandeling](http://www.sprakel.nl/wandeling)