



### Experience Sprakel, feel at home!

Sprakel is more than a café!

You are welcome daily from 9:00 for breakfast, coffee and cake or lunch, but also for dinner, Sprakeltjes or a cozy drink! Enjoy at any time of the day!

At Sprakel we go for fresh and pure. We use local products such as meat from Nieuw Horster in Enschede, potatoes for our fresh fries from Leussink in Deurningen and milk for our ice cream from a local lifestock, Strootman in Lonneker.

In addition to our café, you are also welcome at friet&zo for fresh fries or a tasty homemade burger and at ijs&zo for a delicious ice cream. We prepare fresh ice cream from the farm every day.

And if you have something to celebrate or a meeting, ask about one of our rooms or for the Sprakelkrant with all the information about our options.

Open daily from 9am!



### How does our menu card work?

Our very varied menu consists of breakfast, lunch, Sprakeltjes and main courses, from you can choose what you like!

Breakfast 9:00 am - 12:00 am Lunch 9:00 am - 5:00 pm Snacks & main courses 12:00 am - 10:00 pm

### Sprakeltjes

A nice selection of small dishes. They can be ordered as lunch, starter or small main course, but also several at a time to enjoy together.

To share with your tablemates, order about 1-2 dishes per person. When ordering, please indicate your wishes clearly!

We don't like waste...

That's why we do it differently! Just order the side dishes you want and avoid having something on your plate that you don't really feel like eating. Because let's be honest, who likes to throw somthing away? So just order the side dishes you feel like eating and complete your order.

waste!

# BREAKFAST 09.00 am - 12.00 am



#### HIGH BREAKFAST

In style with bubbles, luxurious country bread, butter croissants, scones with clotted cream and lemon curd, farmer's yoghurt with organic granola, delights, smoothie, fresh juice and unlimited coffee/tea. By reservation only! 27.50 pp



#### DUTCH BREAKFAST

country bread I ham I cheese fried egg I bacon I farmer's yoghurt organic granola I fresh juice coffee/tea 14.5

AMERICAN PANCAKES pancakes | banana | red fruit 12.5

YOGHURT WITH GRANOLA farmer's yoghurt I organic granola 8.5

QUICK BREAKFAST croissant | butter | jam 4.5

#### FRENCH BREAKFAST

country bread I ham I cheese croissant with jam I farmer's yoghurt I organic granola I fresh juice I coffee/tea 14.5

NUTELLA PANCAKES pancakes | nutella | syrup 8.5

CHILDREN'S BREAKFAST white bun | jam | nutella 4.5

\*Do you have an allergy or special diet, let.us know



## **LUNCH** 09.00 am - 05.00 pm

#### BRUNCHPLANK

Rich brunch with soup, country bread, Bawykov salmon, carpaccio, tuna salad, fried mushrooms, mini croquettes, dippers, garlic sauce, marinated olives, scones with clotted cream and lemon curd, delights, smoothie, fresh juice and unlimited coffee/tea.

By reservation only! 29.5 pp



## CHICKEN CAJUN SALAD country bread | kimchi | cucumber pickled red onion 12

#### PARMAHAM

country bread | sun-dried tomatoes | buffalo mozzarella pesto 13

#### BAWYKOV SALMON

country bread | avocado spread | little gem | pickled red onion | dill mayo 17.5

#### AVOCADO.

country bread | avocado spread feta | walnut | garnet apple 9

#### TUNA SALAD

country bread | apple | paprika | red onion | pickle 11

#### CARPACCIO

country bread | truffle mayo I grana padano I pumpkin seeds 14.5

#### FRIED CHICKEN FILLET

country bread | chicken mushrooms | onion | slightly spicy sauce 13

#### CRISPY CHICKEN

brioche bun | crispy chicken pickled red onion | sweet and sour cucumber srirachamayo14.5



### ITALIAN TOMATO SOUP basil cream 6.50

FRENCH ONION SOUP lightly bound | cheese crouton 6.50

PUMPKIN COCONUT SOUP sunflower seeds I coconut 6.50

#### BEEF CROQUETTETEN

country bread | lettuce pickled red onion 2 Amsterdam beef croquettes mustard mayo 12

VEGETABLE CROQUETTE
country bread | lettuce
pickled red onion
2 Amsterdam vegetable croquettes
mustard mayo 11

#### **V**<sup>®</sup>BOUNCER

country bread with 3 fried eggs: cheese 10 ham and cheese 10 bacon and topped with cheese 11.5 carpaccio 14.5

#### 12 HOURS

soup I country bread | chicken cajun or tuna salad I Amsterdam beef croquette with lettuce I pickled red onion I mustard mayo15.5

#### VVEGA HOUR

soup I country bread | brie abricot jam vegetable croquette with lettuce I pickled red onion I mustard mayo14

\*Do you have an allergy or special diet, let us know

#sleuk

# SPRAKELTJES 12:00 am- 10:00 pm

Small dishes or as a starter

Sprakeltjes; a nice selection of small dishes. They can be ordered as a starter or small main course, but also several at a time to enjoy them together.

To share with your tablemates, order about 1-2 dishes per person. You can always order extra. When ordering, please indicate your wishes clearly!

BREAD WITH SPREADS creamy garlic sauce I tapenade 6.5

GLUTEN FREE BUN garlic sauce | Argentinean herb butter (2 pieces) 7

SPRAKELPLATE TO SHARE parma ham | Rotterdam old cheese peppersweets | tuna salad spianata romana | tapenade | toast fuet 26.5

V olives home marinated 4 PARMAHAM

buffalo mozzarella | pesto | sundried tomatoes 14.5

STEAK TARTARE French classic 13

CARPACCIO truffle mayo I pumpkin seeds grana padano 14

SMOKED BAWYKOV SALMON pickled red onion | edamame | sweet and sour cucumber | dill mayo 15

BEETROOT TARTARE apple | capers | balsamic 7.5



### ITALIAN TOMATO SOUP

basilicumcreme 6.5

FRENCH ONION SOUP lightly bound | cheese crouton 6.5

PUMPKIN COCONUT SOUP sunflower seeds | coconut 6.5

# CONE OF FRESH FRIES with your choice of mayo, truffle mayo or cajun mayo 5

SWEET POTATO FRIES truffle mayo I parmesan cheese 6.8

WARM VEGETABLES changing seasonal vegetables 5

MIXED SALAD cucumber | tomato | egg | red onion croutons 5.8

#### SALMON FILLET

Hollandaise sauce I trout eggs 12

#### COD

Hollandaise sauce 13

### SLICED ENTRÔTE garlic I spring onion I sesam sauce 14.5

MEATBALLS stroganoffsauce 9

BEEF TENDERLOIN TIPS champignons I smokey BBQ sauce 17.

TIGHT TIGHT KIP chicken fillet | spicy sauce 12

V VEGA TIGHT TIGHT veggie flakes I spicy sauce 9

V BURRATA

marinated tomatoes I pesto sauce
dukkah 12.5

At Sprakel we process local potatoes into delicious fresh fries!

#local





- $ec{V}$  nachos from the oven paprika | union | cheddar | crème fraîche I chilisaus 8.5
- V FRIED MUSHROOMS herb garlic cream 9.5
- ${\mathbb V}$  Jackfruit Croquettes jackfruit filling 8.5
- V VIETNAMESE SPRING ROLLSV PIZZETTA VEGA vegetables | chili sauce 8

CHORIZO CROQUETTES luxury ragout | crispy crust 8.5

TORPEDO SHRIMP shrimp | panko crust | chili sauce 8.5

GAMBA'S in spicy garlic oil 10.5

#### PIZZETTA CHICKEN PESTO tomato sauce I cheese I cajun chicken fillet I pesto | tomatoes arugula I cajun mayo 14.5

PIZZETTA PARMA tomato sauce I cheese I mozzarella parma ham I arugula I grana padano 14

### tomato sauce I cheese I zucchini

red onion I garlic | tomatoes. arugula I balsamic 11

PIZZETTA BAWYKOV ZALM crème fraîche I Bawykov salmon red onion I capers | mozzarella 19

PIZZETTA OF THE SEASON mozzarella I gorgonzola paddestoelen I arugula I truffel 16

\*Do you have an allergy or special diet. let us know



# MAIN COURSES

12:00 am - 10:00 pm

#### CLASSICS

#### DUO SALMON & COD

Hollandaise sauce I trout eggs 21.5

#### TOURNEDOS

herb butter 31.

#### PORK TENDERLOIN

peanut sauce I prawn crackers fried onions 19.5

#### SCHNITZEL

marinated schnitzel of the fillet stroganoff sauce 20.5

#### RUNDERSTOOF

rice I mushroom mix 20

\*the beef stew comes from Erve Nieuw Horster (www.nieuwhorster.nl)

#### BEET BOURGUIGNON

rice I mushroom mix [ winter carrot 16.5

#### We don't like waste...

That's why we do it differently! Order the side dishes you want and avoid having something on your plate that you don't really feel like eating. Because let's be honest, who likes to throw something away? So just order the side dishes you feel like eating and complete your meal.

#### CONE OF FRESH FRIES

choice of mayo, truffle mayo or cajun mayo 5

#### SWEET POTATO FRIES

truffle mayo I parmesan cheese 6.8

#### BRAVAS POTATOES

potato cubes | spicy tomato sauce cajun mayo 6

#### WARM VEGETABLES

changing seasonal vegetables 5

#### MIXED SALAD

cucumber | tomato | egg | red onion croutons 5.8

## MAIN COURSES 12:00 am- 10:00 pm

#### BURGERS

#### SPARKLING BURGER

beef burger I tomato mushrooms I bacon I onion | gherkin Rotterdam old cheese burger sauce 15.5

\*our beef burger stays red on the inside due to the use of colorozo salt

#### KIPBURGER

red onion chutney I cucumber dill mayo 14.5

#### **V**JACKBURGER

jackfruit I tomato I lettuce burger sauce 13.5

#### SOMETHING TO CELEBRATE

Do you have something to celebrate... let us know! We are happy to help you plan a party in, for example, our garden room or the upstairs rooms.

#### PIZZETTA'S

#### PIZZETTA KIP PESTO

tomato sauce I cheese I cajun chicken fillet I pesto I tomatoes arugula I cajun mayo 14.5

#### PIZZETTA PARMA

tomato sauce i mozzarella i parma ham I arugalu I grana padano 14

#### V PIZZETTA VEGAN

tomato sauce I cheese I zucchini red onion | garlic | tomatoes arugalu | balsamic 11

#### PIZZETTA BAWYKOV ZALM

crème fraîche I Bawykov salmon red onion | capers | mozzarella 19

#### PIZZETTA OF THE SEASON

mozzarella I gorgonzola paddestoelen I arugalu I truffel 16



#### MEAL SALADS

#### SPRAKEL BOWLS

SALAD WITH PRAWNS edamame I wakame sesame sauce 16.5

CARPACCIOSALADE truffle mayo | pumpkin seeds grana padano 17.5

CAESARSALADE chicken I bacon I egg croutons grana padano I chef's dressing 18.5

√ CAESARSALAD VEGA

vega flakes I ei I croutons grana
padano I chefs dressing 17.5

BEEFSALADE beef tenderloin tips I mushrooms smokey BBQ sauce 21.5 VEGA BOWL

wakame | edamame | marinated cucumber | mango | ginger | red onion | sushi rice | srirachamayo 16

BAWYKOV SALMON BOWL wakame I edamame I marinated cucumber mango I ginger I red onion I sushi rice srirachamayo | Bawykov salmon 26

CRISPY CHICKEN BOWL wakame I edamame I marinated cucumber | mango I ginger I red onion sushi rice I sriracha mayo I crispy chicken 21

### Bawykov salmon

If you want to know more about the secret of our delicious Bawykov salmon, scan the QR code.





## **AFTERPARTY**



#### DESSERT TO SHARE 8 5 PP.

Do you also never know which dessert to choose, because everything is so delicious?

Then choose our "dessert to share" for (at least) 2 people and enjoy so much deliciousness!

Be surprised!

### HAZELNUT PARFAIT mocha ice cream I forest fruit sauce 8

CRÈME BRÛLÉE speculaas I vanilla ice cream 7.5

CHOCOLATE TRIO white chocolate mousse arretjescake I chocolate ice cream 7.5



#### LITTLE SPRAKELTJE 4.5

Choose your favorite flavor from the 6 delicious ice cream sensations from Sprakel ijs&zo!
Vanilla - Strawberry (sorbet) Heavenly mud - Yogurt amarena
Mocha - Flavour of the moment
(whipped cream + 0.80)

**BLONDIE** (brownie's sister) vanilla ice cream 7.5

# CREAMY ICED COFFEE with your choice of caramel or chocolate sauce 6.5 whipped cream +0.80

COFFEE COMPLETE coffee/tea with treats and Sprakel liqueur 8.5

\*We prepare all our ice cream from fresh milk from the Strootman farm